

BEHAVIORAL HEALTH & CLINICAL SERVICES

Culturally Responsive, Trauma-Informed Mental Health Support



Research shows that depression and anxiety symptoms continue to increase among young people while their access to quality, culturally-responsive services often remains limited by the income of their families and resources in their communities.



CONTACT INFORMATION

(Non-emergency Outpatient Services)

Phone: 773-918-6100

Email: behavioralhealth@adasmckinley.org

Ada S. McKinley Community Services, Inc. serves more than 7,000 people annually at over 70 program sites throughout Chicago, Wisconsin and Indiana. The agency has three areas of service: Child Development & Youth; Employment & Community Support; and Behavioral Health & Clinical Services. For more information about our wide array of programs, visit www.adascmkinley.org.

Reach Out for Help

Our Mental Health Mobile Crisis Response Team, available 24-hours a day, 365 days a year, provides emergency mental health services for people who may be experiencing an emotional crisis and/or are homicidal or suicidal.

Call the CARES Hotline at 800-345-9049 if you need help.

If this is an urgent emergency, please call 911.

Texting is also an option for support. Reach out through the emotional support text Hotline

Call4Calm by texting the word "Talk" to 552020 (text "Hablar" for Spanish).

For the National Suicide Prevention Hotline, **call 800-273-TALK (8255).**

OUTPATIENT SERVICES

- Our clinicians and mental health professionals are well trained and versed in treating problems caused by emotional distress and/or trauma.
- We serve people of all ages through our Behavioral Health & Clinical Services Team program with a strong focus on providing access and opportunities for youth.
- Ada S. McKinley's Behavioral Health Team engages the support system of an individual to help create sustainable solutions for maintaining mental health.



HONORING THE LEGACY

ADA S. MCKINLEY
COMMUNITY SERVICES, INC

Empower. Educate. Employ.