

As of December 2022













**Empower. Educate. Employ.** 



#### **TABLE OF CONTENTS**

This Resource and Support Guide has been updated and made available by Ada S. McKinley Community Services, Inc. throughout the COVID-19 pandemic. We realize in times of crisis and recovery communication and information sharing are extremely valuable. This publication is downloadable and printable to support our effort to inform the community about new and ongoing services being offered by Ada S. McKinley, as well as other resources and supports we discover through our peers and networks.

#### RESOURCES AND SUPPORTS OFFERED BY ADA S. McKINLEY

| BEHAVORIAL HEALTH & CLINICAL SERVICES                    | 3 |
|--|---|
| CHILD WELFARE SERVICES                                   | 3 |
| CHILD DEVELOPMENT SERVICES (HEAD START & EARLY LEARNING) | 3 |
| EDUCATIONAL SERVICES (MIDDLE & HIGH SCHOOL)              | 4 |
| RESIDENTIAL SERVICES                                     | 5 |
| JANITORIAL SERVICES                                      | 5 |
| COMMERCIAL SALES   | 5 |
| EMPLOYMENT SERVICES                                      | 6 |
| EMPLOYMENT OPPORTUNITIES AT ADA S. MCKINLEY              | 6 |
| OTHER COMMUNITY RESOURCES AND SUPPORTS                   |   |
| FINANCIAL ASSISTANCE                                     | 7 |
| UNEMPLOYMENT   | 9 |
| HUMAN SERVICE BENEFITS (SNAP, MEDICAID, CASH ASSISTANCE) | 9 |
| INTERNET ACCESS  | 9 |
| MENTAL HEALTH  | 0 |
| SHELTER AND HOUSING1                                     | 1 |
| FOOD   | 2 |
| PEOPLE WITH DISABILITIES 1                               | 4 |
| IMMIGRANT SUPPORT AND LEGAL SERVICES 1                   | 4 |
| WOMEN & CHILDREN   | 4 |
| PEOPLE LIVING WITH HIV1                                  | 5 |
| CHILD ABUSE  | 5 |
| DOMESTIC VIOLENCE  | 6 |
| SEXUAL ASSAULT1  | 6 |
| COVID, FLU & RSV INFO                                    | 7 |



# RESOURCES AND SUPPORTS OFFERED BY ADA S. McKINLEY: CHILDREN AND FAMILIES REMAIN A PRIORITY

Our Head Start and Early Learning programs remained in operation throughout the pandemic by providing e-learning and other in-home activities for Pre-K children, and in-person learning when it was safe to so with the proper safety measures in place. This COVID-19 Resource and Support Guide has provided access to information on these and other community resources as part of our wraparound approach to support the people we serve in every aspect. We provide mental health services 24/7, a safe haven for foster children, prepare high school students for college, housing opportunities, and employment training and placement for people with and without disabilities. We continued to provide these services throughout the pandemic and in the aftermath, have expanded them as needed, and communication and information sharing with our families remain a priority.

# CHILD DEVELOPMENT SERVICES (HEAD START & EARLY LEARNING)

We are enrolling children ages birth to 5 in our Head Start & Early Learning program year-round. For more information, email us at headstartearlylearning@adasmckinley.org, call 773-780-0050 or contact us online about enrolling our child. In addition, we connect our head start families with additional wraparound services that specifically address their needs throughout the pandemic. This includes services offered by Ada S. McKinley and other community organizations as part our wraparound approach.



#### **Interested in Becoming a Foster Parent?**

Foster parents are at least 21 years of age, law abiding, mature adults who have their own living space with appropriate accommodations for youth in care. Those interested and eligible should **Click Here** to attend one of our Foster Parent Virtual Orientations.

#### **CHILD WELFARE SERVICES**

Ada S. McKinley provides its full array of child welfare services for children enrolled in our foster care program, intact family services, family advocacy center and post-adoption program. This includes our Emergency Shelter for children who are without a current foster home or in-between placements. Learn more about our Foster Care program, contact us for more information, and/or participate in one of our upcoming Foster Parent Virtual Orientations. You can also call our Foster Parent Recruitment Hotline at 773-602-2660.



#### **BEHAVORIAL HEALTH & CLINICAL SERVICES**

Our Mental Health Mobile Crisis Response Team is available 24-hours a day, 365 days a year to provide emergency mental health services for people who may be experiencing an emotional crisis and/or are homicidal or suicidal. Call the CARES Hotline at 800-345-9049 if you need help. For urgent emergencies, please call 911. Texting is an option for support. Use the emotional support text Hotline Call4Calm by texting the word "Talk" to 552020 (text "Hablar" for Spanish). For the National Suicide Prevention Hotline, call 800-273-TALK (8255). For non-emergency Outpatient Services, contact our Behavioral Health & Clinical Services Team at 773-918-6100 or email behavioralhealth@adasmckinley.org.



## EDUCATIONAL SERVICES (MIDDLE & HIGH SCHOOL)

#### **College Preparation & Placement**

Ada S. McKinley's Educational Services Team works with more than 1,600 Chicago Public School students annually at five elementary schools and five high schools to guide them in exploring careers and preparing for college. Our College Preparation & Placement program has placed more than 75,000 youth in more than 400 colleges and universities throughout the United States. We have guided thousands of graduating seniors in securing millions of dollars in financial aid and scholarships over the last six decades. For more information, call 312-808-5910 or email educationalservices@adasmckinley.org.



#### **Early Intervention**

Targeting middle school students through our partnership Chicago Public Schools, our early intervention program offers additional academic support for students that require supplemental assistance beyond what the high school they attend offers. Learning opportunities are also provided through our S.T.E.M Initiative which includes social-emotional learning activities and interactive workshops that promote self-awareness, relationship building,and goal setting. For more information, call 312-808-5910 or email educationalservices@adasmckinley.org.



#### **Trunk Scholarships**

Through its Revie Sorey Trunk Scholarships, Ada S. McKinley provides college-bound honorees with the living and learning essentials first-year students need to adjust and achieve success in their new environment. Each trunk includes technology tools, no longer optional but now necessary, to take full advantage of all education formats and platforms available for learning in addition to school supplies and necessities for dorm living. For more information, call 312-808-5910 or email educationalservices@adasmckinley.org.

Our Educational Services
Team is now providing the
convenience of online intake
for students: <a href="https://ww-w.adasmckinley.org/stu-dentintake/">https://ww-w.adasmckinley.org/stu-dentintake/</a>

Call 312-808-5910 or email StudentIntake@adasmckinley.org if you have questions.



#### **RESIDENTIAL SERVICES**

Ada S. McKinley's Residential Services program provides a home for people with intellectual and developmental disabilities. We provide person-centered support in personalized home environments through a broad array of services that support their health and well-being. This includes mental and physical health care services, financial management, and case management. For more information about Ada S. McKinley's Residential Services program, email us at ecss@adasmckinley.org.



#### **JANITORIAL SERVICES**

An extension of our Employment Services program, our Janitorial Services program primarily employs people with developmental and intellectual disabilities by providing workforce opportunities that include cleaning and facility management services. For more information about Ada S. McKinley's Janitorial Services program, email us at ecss@adasmckinley.org.



#### **COMMERCIAL SALES**

Our Commercial Sales program creates jobs for persons with developmental and intellectual disabilities whose responsibilities include completing tasks such as assembly, packaging and kitting, warehouse storage, creating visual environments and fulfilment services. For more information about Ada S. McKinley's Commercial Sales program, email us at ecss@adasmckinley.org



#### **EMPLOYMENT SERVICES**

Ada S. McKinley's Employment Services program helps people with disabilities live more independently and empower them to maintain economic self-sufficiency by obtaining paid employment during the COVID-19 pandemic. Through our employment programs we offer job coaching services to meet employment goals, and work with businesses throughout the community to place people in jobs in their field of choice. We have adopted tele-visits with the people we serve and their employers. For more information about Ada S. McKinley's Employment Services program, email us at ecss@adasmckinley.org.

## EMPLOYMENT OPPORTUNITIES AT ADA S. MCKINLEY

In addition to offering programs that provide training and employment opportunities for adults with developmental and intellectual disabilities, Ada S. McKinley periodically has job openings for positions on its staff. Click here for a list of current job opportunities. https://ada-s-mckinley.jobs.net/en-US/





#### OTHER RESOURCES AND SUPPORTS

The following resources and supports are not provided by Ada S. McKinley; however, we realize in times of crisis and in the aftermath, communication and information sharing is extremely valuable. This portion of our Covid Resource and Support Guide provides information we have discovered through our peers and networks.



#### **FINANCIAL ASSISTANCE**

If you are not able to pay your bills on time, contact your lenders and servicers to let them know about your situation. Credit card companies and lenders may be able to offer you a number of alternatives. An emergency order issued March 18 mandates all public utilities to suspend disconnections from service until at least May 1, or until the state of emergency is lifted. Additionally, utilities must suspend late fees, and adopt flexible credit and collections practices. Contact the Office of the Attorney General about utility disconnections or disrupted service: 866-544-7151 or 312-814-5094.





#### **Restaurant Employee Relief Fund**

Grants are available to restaurant industry employees who have been impacted by COVID-19, financially, whether through a decrease in wages or loss of employment. Details and application: <a href="https://rerf.us/apply-for-aid/">https://rerf.us/apply-for-aid/</a>

#### **Tipped and Service Worker Support Fund**

Cash assistance to restaurant workers, car service drivers, delivery workers, personal service workers and more. Details: https://ofwemergencyfund.org/

#### **Emergency Rent Assistance (Rentervention)**

Financial assistance is available for eligible individuals and families who are in danger of eviction. Details: <a href="https://rentervention.com/?gclid=CjOKCQiAtqL-BRCOARIsAF4K3WFWphFnHSx-REN6DXYWXtqmnir9T2dw73QMLr-HYNIHC9etplupBv8aAvKyEALwwcB">https://rentervention.com/?gclid=CjOKCQiAtqL-BRCOARIsAF4K3WFWphFnHSx-REN6DXYWXtqmnir9T2dw73QMLr-HYNIHC9etplupBv8aAvKyEALwwcB</a>

#### **The Resurrection Project**

Rental assistance, mortgage assistance, utility assistance and supportive services to eligible individuals and families who are in danger of eviction, foreclosure or homelessness, or are currently homeless. Call 312-880-1137 or go to <a href="https://resurrectionproject.org/contact-us/">https://resurrectionproject.org/contact-us/</a>

#### **Energy Assistance**

Payment assistance for eligible households with heating and cooling energy services through LIHEAP, ComEd Residential Special Hardship, and Peoples Gas Share the Warmth grants. Call 800-571-2332 or visit <a href="https://accel.peoplesgasdelivery.com/home/assistance.aspx">https://accel.peoplesgasdelivery.com/home/assistance.aspx</a>

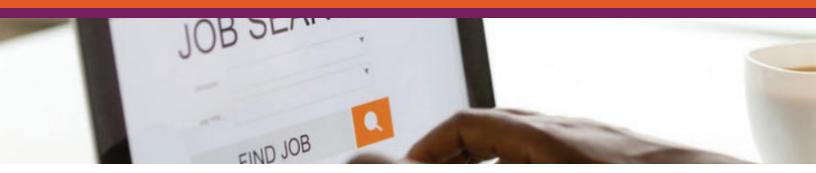
#### **ComEd Assistance Program**

Customers who struggle to cover their energy expenses have a growing range of assistance options from ComEd. The company offers financial assistance programs and flexible payment options, all of which can help eligible customers reduce budget strain and avoid disconnection of service. Particularly during this time when some customers are facing unforeseen circumstances, ComEd will work on a case-by-case basis with customers who are struggling to pay their energy bills to help them remain in service: <a href="www.ComEd.com/">www.ComEd.com/</a> CARE.

#### **Chicago Utility Billing Relief Program**

This program provides low-income residents with reduced water, sewer and water-sewer taxes, as well as debt relief after a year of payments. Residents can apply for the Utility Billing Relief Program here: <a href="https://www.chicago.gov/city/en/depts/fin/provdrs/utility\_billing/svcs/utility-bill-relief-program.html">https://www.chicago.gov/city/en/depts/fin/provdrs/utility\_billing/svcs/utility-bill-relief-program.html</a>





#### UNEMPLOYMENT

#### **Illinois Department of Employment Security**

Benefits were temporarily expanded due to COVID-19. Future expansions are pending. You are encouraged to check the website for updates: <a href="https://www2.illinois.gov/ides/Pages/default.aspx">https://www2.illinois.gov/ides/Pages/default.aspx</a>

#### **HUMAN SERVICE BENEFITS (SNAP, MEDICAID, CASH ASSISTANCE)**

Legal Aid Chicago can help you apply over the phone. Call 312-347-8342 for assistance. When you call 312-347-8342, you will leave your phone number and name. Legal Aid Chicago will call you back and help you complete the application for benefits over the phone.

#### **INTERNET ACCESS**

#### Comcast

Comcast Community Impact Team announced that they are increasing internet speeds for their Internet Essentials customers and offering new customers 60 days of free internet service as a way to help them stay connected to vital online resources during these very challenging times. Details: <a href="https://corporate.comcast.com/press/releases/comcast-extends-free-internet-service-new-internet-essentials-customers">https://corporate.comcast.com/press/releases/comcast-extends-free-internet-service-new-internet-essentials-customers</a>

#### **Xfinity**

Xfinity is offering 60 days of complimentary internet if you need to work from home.

Details: <a href="http://www.xfinity.com/wifi">http://www.xfinity.com/wifi</a>





#### **MENTAL HEALTH**

#### **Disaster Distress Helpline**

The Substance Abuse and Mental Health Services Administration has a 24/7 Disaster Distress Helpline to provide crisis counseling for those experiencing emotional distress due to natural or human-caused disasters. Call 800-989-5990 or text "TalkWithUs" to 66746 to connect with a crisis counselor. Spanish speakers should select 2 for bilingual support and text "Hablanos" to 66746. For other languages, indicate your preferred language to the responding counselor and they will connect to a live interpreter.

#### **National Suicide Prevention Hotline**

24/7 Hotline: 800-273-8255 Free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

#### **Jewish Child and Family Services**

JCFS's hotline provides assistance to people in the Chicagoland area whose need is not urgent and just looking to talk to someone about their emotional distress. People can call between 9:00 am and 5:00 pm Monday thru Thursday and 9:00 - 4:00 pm on Friday's at 855-275-5237 to connect to a chaplain or emotional support professional.

#### National Alliance on Mental Illness (NAMI)

NAMI Chicago has a confidential helpline that can be reached by calling 833-626-4244 or by dialing 311. It is open 9 am - 8 pm Monday through Friday and 9 am - 5 pm on Saturdays and Sundays.

#### Teletherapy

The Chicago Department of Public Health Mental Health Centers are offering free teletherapy services by calling 312-747-1020.

#### **Crisis Text Line**

For 24-hours a day availability, text "HOME" to 741741 to text with a trained crisis counselor.

#### **Veterans Crisis Line**

Support for veterans and those concerned about them: 800-273-8255

#### **LGBTQ Youth Support**

The Trevor Project supports LGBTQ youth 24 and under. Call 866-488-7386 or text "START" to 678678.

#### **Transgender Support**

Trans Lifeline offers support for transgender individuals is available by calling 877-565-8860

#### Illinois Helpline for Opioids and Other Substances

Substance use and opioid use support is available by calling 833-2-FIND HELP (833-234-6343).





#### SHELTER AND HOUSING

#### **Chicago Coalition for the Homeless**

COVID-19 Resources for those experiencing or at risk of homelessness: <a href="https://www.chicagohomeless.org/">https://www.chicagohomeless.org/</a> covid-19-resources-for-those-experiencing-or-at-risk-of-homelessness

#### Women and Children (Shelter and Housing)

The Women's Shelters website provides a directory of shelters for women and children which include transitional housing, residential treatment centers and other residential services for women. Details: <a href="https://www.womenshelters.org/cit/il-chicago">https://www.womenshelters.org/cit/il-chicago</a>

#### 18-24 Year-Olds (Shelter and Housing)

"The Crib" at The Night Ministry 835 W. Addison Street 844-549-4158

Website: <a href="https://www.thenightministry.org/">https://www.thenightministry.org/</a>

#### Ujima Village

7320 S. Yale Ave 312-455-0007

#### A Safe Haven

2750 W. Roosevelt Road 773-435-8424

Website: https://www.asafehaven.org/



#### Casa Corazon at La Casa Norte

(Back of the Yard) 1736 W. 47th Street 773-276-4900

Website: <a href="http://www.lacasanorte.org">http://www.lacasanorte.org</a>

#### Casa Corazon at La Casa Norte

(Logan Square) 1940 N. California Avenue 773-276-4900

Website: <a href="http://www.lacasanorte.org/">http://www.lacasanorte.org/</a>

#### **Single Adults (Shelter and Housing)**

A Little Bit of Heaven 11321 S. Wentworth Avenue, Chicago 773-264-5332

Website: http://www.alboh.org/

#### Franciscan Outreach

2715 W. Harrison Street, Chicago 773-265-6683

Website: <a href="https://franoutreach.org/">https://franoutreach.org/</a>

#### **Olive Branch Mission**

6310 S. Claremont Avenue, Chicago 773-476-6200

Website: https://www.obmission.org/

#### **Pacific Garden Mission**

1456 S. Canal Street, Chicago

312-492-9410

Website: https://www.pgm.org/



#### **FOOD**

#### **City of Chicago**

The City of Chicago has created a map of open grocery stores and is committed to updating the tool as stores open to ensure community members understand the status: https://data.cityofchicago.org/d/rish-pa6g.





#### **CPS LunchStop Program**

Chicago Public Schools offer meals at outdoor school locations through its LunchStop Program. LunchStop sites are open Monday through Friday from 10:00 am to 12:00 pm during summer months. The LunchStop summer meal program provides free, healthy meals across Chicago to all children between 1 and 18 years old. ID is not required. Find a LunchStop nearest you: https://schoolinfo.cps.edu/mealdistributionsites

#### **Department of Family and Support Services**

Department of Family and Support Services is providing home-delivered meals to seniors. For more information call 312-744-4016 any time between 9 am and 5 pm, Monday through Friday or email <a href="mailto:aging@cityofchicago.org">aging@cityofchicago.org</a>. Details: <a href="https://www.chicago.gov/city/en/depts/fss/provdrs/serv/alerts/2020/march/dfss-response-to-covid-19.html">https://www.chicago.gov/city/en/depts/fss/provdrs/serv/alerts/2020/march/dfss-response-to-covid-19.html</a>

#### **Greater Chicago Food Depository**

The Greater Chicago Food Depository provides a comprehensive guide to finding a food pantry, soup kitchen, mobile food distribution or shelter in Cook County. Details: <a href="https://www.chicagosfoodbank.org/?gclid=EAlalQobChMlyYnFoKWQ6QIVOsDACh388AxbEAAYASAAEgIU5PD\_BwE">https://www.chicagosfoodbank.org/?gclid=EAlalQobChMlyYnFoKWQ6QIVOsDACh388AxbEAAYASAAEgIU5PD\_BwE</a>. The Greater Chicago Food Depository will also help you apply for SNAP benefits. Call 773-843-5416 for assistance.

#### **Meals on Wheels**

Delivering meals to homebound seniors and individuals with disabilities. To sign up for meal delivery, call 312-744-4016 for seniors and 312-744-6673 for individuals with disabilities.

#### **Catholic Charities**

Catholic Charities will continue to serve residents at their Food Pantry locations. Please follow this link for more information or call 1-312-655-7700: https://www.catholiccharities.net/food-and-basic-needs/food-pantries/

#### **Salvation Army**

Salvation Army food panties provide food for those in need. Please follow this link for more information or call 1-773-725-1100 <a href="https://centralusa.salvationarmy.org/usc/cure-hunger/">https://centralusa.salvationarmy.org/usc/cure-hunger/</a>.

#### **IL Hunger Coalition Hunger Hotline**

Provides screening, referral, application assistance, and case management for all nutrition and health programs statewide in English and Spanish. Call 800-359-2163.





#### PEOPLE WITH DISABILITIES

#### **Access Living**

Access Living provides a comprehensive guide to finding resources for the disability community. Details: <a href="https://www.accessliving.org/our-services/covid-19-resources-for-the-disability-community/">https://www.accessliving.org/our-services/covid-19-resources-for-the-disability-community/</a>

#### **Division of Rehabilitation Services (DRS)**

Existing or prospective customers can call 877-581-3690 to receive assistance with in-home services, assistive technology, vocational and occupational rehabilitation, educational services for individuals with all types of disabilities, including deaf or hard-of-hearing Illinoisans, blind people, and people with low vision, along with other supports.

#### **IMMIGRANT SUPPORT AND LEGAL SERVICES**

#### **Immigrant Family Resource Program**

For information on whether you or your family may qualify for public benefits or other types of assistance, please call the Immigrant Family Resource Program Hotline at 855-IFRP-NOW (855-437-7669). For Immigration Legal Services please call 312-666-3062.

#### **WOMEN & CHILDREN**

The Illinois Department of Public Health provides specific guidance for children and pregnant women: <a href="https://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus/pregnancy-children">https://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus/pregnancy-children</a>





#### **PEOPLE LIVING WITH HIV**

The HIV Resource Hub can help with emergency financial assistance (including rent and utility payments), PrEP and HIV testing, food, housing, medications and more for people living with HIV. Call 844-482-4040 or go to https://www.aidschicago.org/page/our-work/care-services/hiv-resource-hub

#### **CHILD ABUSE**

#### **Department of Children and Family Services**

If you suspect or know that a child (someone 17 or younger) is being abused, call the Illinois DCFS Child Abuse Hotline: 1-800-25-ABUSE (1-800-252-2873). If a child is in immediate danger, also call 911. For more information, visit <a href="https://www2.illinois.gov/dcfs/safekids/reporting/Pages/index.aspx">https://www2.illinois.gov/dcfs/safekids/reporting/Pages/index.aspx</a>

#### **Chicago Children's Advocacy Center**

Chicago Children's Advocacy Center and its partners are the front-line responders in Chicago to reports of child sexual abuse. They also respond to physical abuse, witness to violence, and other serious maltreatment. Call 312-492-3700 or visit <a href="https://www.chicagocac.org">https://www.chicagocac.org</a> for more details.





#### **DOMESTIC VIOLENCE**

#### Illinois Domestic Violence Hotline

Information, options, counseling, legal and shelter services are available: Call toll-free, 24 hours (confidential). Multilingual phone number: 877-863-6338

#### **Between Friends Domestic Violence Crisis Line**

Support adults, children, and teenagers impacted by domestic violence is available by calling 800-603-4357.

#### Illinois Domestic Violence Hotline and The Network: Advocating Against Domestic Violence

A partnership with Airbnb supports residents fleeing violence during the COVID-19 pandemic. Airbnb has worked through its hotel partners to provide a place to stay for victims needing to flee a violent situation, while also connecting them to additional resources. Coordination of this program will be facilitated through the Illinois Domestic Violence Hotline which is available 24/7/365 at 877-863-6338.

#### **WINGS**

WINGS provides victims of domestic violence and their children an escape route along with emergency shelter, family counseling, transitional and permanent housing. Call 847-519-7820.

#### **SEXUAL ASSAULT**

#### Resilience (formerly known as Chicago Rape Advocates)

Support for survivors of sexual violence and their significant others is available by calling 888-293-2080.





#### **COVID, FLU and RSV INFORMATION AND UPDATES**

Although not at pandemic level, the COVID virus remains a health threat along with upticks in influenza and RSV cases. For vaccination information other updates, visit:

IL Department of Public Health: https://dph.illinois.gov/

Indiana Department of Health: https://www.in.gov/health/

Wisconsin Department of Health Services: https://www.dhs.wisconsin.gov/

U.S. Department of Health and Human Services: https://www.hhs.gov/





This mission of Ada S. McKinley is to empower, educate and employ people to change lives and strengthen communities. The agency was founded by Ada Sophia McKinley, a school teacher and social reformer, in 1919 amid the Spanish Flu pandemic as a settlement house to assist veterans returning from World War I and African Americans migrating from the south. Today, the 103-year-old human services agency serves over 7,000 people at 70 program sites (primarily in Illinois/Chicago with additional sites in Indiana and Wisconsin). Services rendered daily include tutoring, mentoring and college placement, foster care, housing opportunities, mental health services, employment training and placement, headstart programs, and programs for people with disabilities.



Empower. Educate. Employ.

#### **MAIN OFFICE**

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